

THE FOUNDATION COFFEE HOUSE

BREAKFAST

Available until 11am

Sourdough Toast	1.5
Crumpets	1.5
Pain au Chocolat	1.5
Apple Danish	2
Fruit Danish	2
Croissant	1.5
Ham & Cheddar Croissant	2.5
Savoury Muffin	3.5
Yoghurt Pot	3
Natural yoghurt topped with granola & berries (v)	
Soya Yoghurt +0.2 (ve)	
Overnight Oats	3
Oats, almonds, apple, seed mix & maple syrup soaked overnight with oat milk (ve)	
Chia Pudding	3
Chia Seeds with almond milk, cinnamon & maple syrup, served with yoghurt (v)	
Soya Yoghurt +0.2 (ve)	

BRUNCH

Available until 4pm

Smashed Avocado	5
Toasted sourdough topped with smashed avocado, seeds & dukkha (ve)	
Salmon & Cream Cheese	7
Toasted sourdough topped with cream cheese, smoked salmon, egg & dill	
Mushrooms & Brie	6
Toasted sourdough topped with sauteed mushrooms & melted brie (v)	
Butternut Squash & Halloumi Hash	7
Roughly chopped halloumi and butternut squash pan fired with onions, garlic & chilli, topped with an egg (v)	
3 Egg Omelette	7
Ask barista for this weeks special (v)	
Protein Pancakes	7
Stack of 6 pancakes served with berry compote & maple syrup (v)	
+ Pancetta	1.5
+ Egg	1.5

SALADS

Available 11am — 7pm

Chicken & Avocado Salad	6
Sliced avocado, chicken, sundried tomato, red pepper & mixed leaves tossed in olive oil & balsamic vinegar	
Butternut Squash & Halloumi Salad	6
Pan fried butternut squash & halloumi served with homemade hummus & dukkha on a tomato & mixed leaf salad (v)	
Courgetti Salad	5
Courgetti with bell peppers, tomato, red onion, artichoke & mixed leaves (ve)	
+ Bacon	1.5
+ Feta	1.5

SANDWICHES

Available 11am — 7pm

Cheese Melt	5
Toasted sourdough with melted cheese, chives & red onion (v)	
Chicken Club	6
Chicken, bacon, egg, spinach, tomato & mayo on sourdough	
Reuben	6
Pastrami, emmental, sauerkraut & pickle on sourdough	
Salmon Sandwich	6
Salmon, cream cheese, capers, dill & cucumber on sourdough	
The Vegan Number	5
Pepper, artichoke, rocket & homemade hummus on sourdough (ve)	

CAKES

Available until 6pm

Tyler & Hall (ve)(gf)	2.5
In Truffle We Trust	2.5
Cake Slice Please see counter for todays selection	3
Ice Cream Please see freezer for selection	2.5
Affogato	4

BAR SNACKS

Available 6pm — close

Cheese Board	7	9
Served with chutney, olives, grapes & sourdough wedges (v)		
Brie / Cheddar / Bleu / Halloumi / Feta		
Butternut Squash & Courgetti Crisps	5	
Served with homemade hummus		

C O F F E E

Filter	2
v60 from	4
Aeropress	3.5
Chemex	4
Espresso	2.2
Ristretto	2.2
Americano / Iced Americano	2.2
Long Black	2.2
Macciato	2.3
Cortado	2.4
Piccolo	2.4
Flat White	2.6
Latte / Iced Latte	2.8
Mocha	3
Cold Brew	3
Red Eye	2.4
Black Eye	2.8
Dead Eye	3.2
Bulletproof	3.5
Kevlar	3
Vietnamese	2.8

T E A

Breakfast Tea	2.5
Decaf Breakfast	2.5
Earl Grey	2.5
Darjeeling	2.5
Lapsang Souchong	2.5
Canton Chai	2.5
Rooibos	2.5
Lemongrass & Ginger	2.5
Red Berry & Hibiscus	2.5
Peppermint	2.5
Chamomile	2.5
Jasmine	2.5
Jade Tips	2.5
Matcha / Iced Matcha	3.5
Chai / Iced Chai	2.6
Iced Tea	3
Tea Soda	4

B E E R

BrewDog 5am Saint	4.5
ABC Charlie Don't Surf	4
Cloudwater Session IPA	6
Einstock Ölegrö	5.5
Pale Ale / Porter / White	
Estrella Damm	3.5
ABC Flat White	4.5
Anchor Brewing Liberty	4
Maisel Weisse	5
Alkohol Frei	
Brasserie D'Orval	5.5
Westons Wyld Wood	5.5

W I N E

Sauvignon	6	18
Gavi	4.5	18
Cinsault	4.5	18
Malbec	5	18
Cab Sauv	5.5	18
Prosecco	6	20
Champagne		60

S H A K E S

Strawberry	6
Oreo	6
Chocolate	6
Banana	6
Made with Cheshire Farm Ice Cream	
+ Peanut Butter	1

H O T C H O C O L A T E

Venezuela, 58%	2.6
Ecuador, 70%	2.6
Haiti, 75%	2.6
Dark Madagascar, 82%	2.6
Ivory Coast, White	2.6

C O C K T A I L S

Tommy's Margarita	6.5
Daiquiri	7.5
Negroni	7.5
Espresso Martini	8
Martini	8.5
Caiprinha	7
Hazelnut Cream	7.5
Flat White Russian	7.5
FDN Old Fashioned	7.5
The Tea One	8.5

J U I C E S

Banana Berry	5
Banana / Blueberries / Raspberries / Blackberries / Strawberries / Yoghurt / Coconut Water	
Kiwi Pineapple	4.5
Kiwi / Pineapple / Kale / Cucumber / Coconut Water	
Orange Pineapple	5
Orange / Pineapple / Vanilla / Ice Cream & Orange Juice	
Banana Breakfast	5
Banana / Protein Powder / Oat Milk / Honey / Cinnamon	
All Rounder	5.5
Banana / Protein Powder / Oats / Flax seeds / Spinach / Almond Butter	

S O F T

Sandows Cold Brew	3
Cowherd Juices	5
San Pellegrino	2
Lemon / Blood Orange / Grapefruit / Blood Orange / Pomegranite	
Coke / Diet Coke	2
LemonAid	2.5
Blood Orange / Lime / Passionfruit	
Charitea Green	2.5
Charitea Mate	2.5
Harrogate Water	1.5
Still / Sparkling	

G I N

Alkemist	5
Arbikie	4.5
Berliner Bransifter	5
Blind Tiger	4
Buss No.509 from	4.5
Peach / Raspberry / Grapefruit / Elderflower	
Gin Raw	5
Hendricks	3.5
Jam Jar Gin	5.5
Three Rivers	3.7
Mombasa Strawberry	3.8
Sharish	5
X Gin	5

PLEASE ORDER FOOD & DRINK AT THE BAR

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